

* Bernoulli effect: air rushing across causes it to lift

1. Keep breath moving

Mechanics/
Pedagogy
of Singing

1. Preparation - mentally prepared (think about singing while emotionally prepared (check your you're singing) bags at the door) physically prepared (must have had rest, nourished, hydrated; alignment bottom to top shoulder-width, buoyancy, pelvis rotated forward, ribcage comfortably high, shoulders back, down, relaxed, neck like bobble head chin parallel to floor, spine elongated.

2. Inhalation - valve open + air enters lungs as diaphragm descends in a relaxed state (NOT contracted yet)

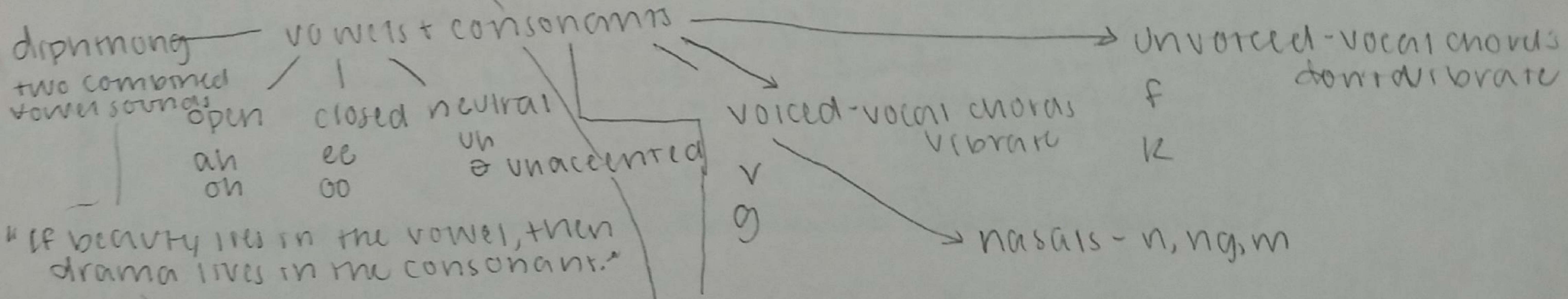
3. Suspension - valve open + part, diaphragm contracts
* valve: closes when defecating (throwing up or pooping) and when lifting heavy objects, giving birth

4. Phonation - air goes over vocal folds + folds come together to vibrate (DONT CLOSE VALVE)

5. Resonation (pharynx, oral cavity, nasal cavity)

DUCK/SWAN
bright/dark
distance/space b/w larynx + soft palate
space inside mouth, most control over
cartilage + bone, one of the best resonators

6. Articulation (tongue, teeth, lips, hard palate, soft palate)
* text + note



"If beauty lies in the vowel, then drama lives in the consonant."

7. Expression (communication) * Art of singing
1. Face 2. Body Language 3. Vocal Expression (word stress, phrasing, dynamics)
8. Relaxation (Release)
at end of phrase release abdominal muscles.